

Habits Of Mind

	<p><u>Persisting:</u> <i>Stick to it!</i> Persevering in task through to completion; remaining focused. Looking for ways to reach your goal when stuck. Not giving up.</p>		<p><u>Managing impulsivity:</u> <i>Take your Time!</i> Thinking before acting; remaining calm, thoughtful and deliberative.</p>
	<p><u>Listening with understanding and empathy:</u> <i>Understand Others!</i> Devoting mental energy to another person's thoughts and ideas; Make an effort to perceive another's point of view and emotions</p>		<p><u>Thinking flexibly:</u> <i>Look at it Another Way!</i> Being able to change perspectives, generate alternatives, consider options.</p>
	<p><u>Thinking about your thinking (Metacognition):</u> <i>Know your knowing!</i> Being aware of your own thoughts, strategies, feelings and actions and their effects on others.</p>		<p><u>Striving for accuracy.</u> <i>Check it again!</i> Always doing your best. Setting high standards. Checking and finding ways to improve constantly.</p>
	<p><u>Questioning and problem posing:</u> <i>How do you know?</i> Having a questioning attitude; knowing what data are needed and developing questioning strategies to produce those data. Finding problems to solve.</p>		<p><u>Applying past knowledge to new situations.</u> <i>Use what you Learn!</i> Accessing prior knowledge; transferring knowledge beyond the situation in which it was learned.</p>
	<p><u>Thinking and communicating with clarity and precision:</u> <i>Be clear!</i> Striving for accurate communication in both written and oral form; avoiding over generalizations, distortions, deletions and exaggerations.</p>		<p><u>Gather data through all senses:</u> <i>Use your natural pathways!</i> Pay attention to the world around you Gather data through all the senses. taste, touch, smell, hearing and sight.</p>
	<p><u>Creating, imagining, and innovating</u> <i>Try a different way!</i> Generating new and novel ideas, fluency, originality</p>		<p><u>Responding with wonderment and awe:</u> <i>Have fun figuring it out!</i> Finding the world awesome, mysterious and being intrigued with phenomena and beauty.</p>
	<p><u>Taking responsible risks:</u> <i>Venture out!</i> Being adventuresome; living on the edge of one's competence. Try new things constantly.</p>		<p><u>Finding humor:</u> <i>Laugh a little!</i> Finding the whimsical, incongruous and unexpected. Being able to laugh at oneself.</p>
	<p><u>Thinking interdependently:</u> <i>Work together!</i> Being able to work in and learn from others in reciprocal situations. Team work.</p>		<p><u>Remaining open to continuous learning:</u> <i>I have so much more to learn!</i> Having humility and pride when admitting we don't know; resisting complacency.</p>